



# **Compendium of the Doctorate in Psychotherapy (DPsych) by Public Works**

**Joint Programme**

**Middlesex University and Metanoia Institute**

Director of Studies: Dr Alistair McBeath

Middlesex Link Tutor: Dr David Westley

# Contents

	<b>Page</b>
Welcome from Faculty Head – Dr Biljana Rijn	2
Middlesex University Link Tutor	2
Welcome from Director of Studies - Dr Alistair McBeath.	3
Key Programme Members and biographies.	4
Nature of the Award	12
Rationale and Ethos of the Programme	13
Middlesex University and Metanoia Institute Collaboration	14
<b>Appendices</b>	
Appendix 1      Programme Flow Chart	15
Appendix 2      Completed DPpsych by Public Works Final Projects	17

## Dr Biljana van Rijn, Metanoia Institute Link Tutor and Faculty Head, Research and Doctoral Programmes




Tel.: +44 (0)208 579 2505  
[biljana.vanrijn@metanoia.ac.uk](mailto:biljana.vanrijn@metanoia.ac.uk)

Welcome to your Doctorate in Psychotherapy by Public Works! Your programme has been designed to represent the best of in-depth psychotherapy and counselling psychology training and build on our philosophy of practice-based research. The programme is embedded within the broader Faculty of Research and Doctoral Programmes at Metanoia Institute, giving you a range of opportunities within our supportive and lively practitioner-researcher culture. You will have opportunities to practise within our research clinic at the start of your training, access research events alongside students from different programmes and Faculties, and opportunities to join our research groups, as well as develop your own research projects.

Our aim as a Faculty is to engage in research that explores, challenges and develops clinical practice, evaluates it, and builds theories. We hope that it will also become a vehicle you will learn to use to facilitate your creativity and develop your clinical work.

We are passionate about developing practitioner voice in research and look forward to welcoming you to our learning community and joining you on your journey.

### Middlesex University Link Tutors

Staff Name	Photo	Contact Details
<b>Prof David Westley</b>		Tel.: +44 (0)208 411 4509 (direct line) <a href="mailto:D.Westley@mdx.ac.uk">D.Westley@mdx.ac.uk</a>

## **Welcome from your Director of Studies**

From Dr Alistair McBeath

Tel.: +44 (0)208 579 2505  
[alistair.mcbeath@metanoia.ac.uk](mailto:alistair.mcbeath@metanoia.ac.uk)

Dear Candidate,

It is a great pleasure to welcome you to the Doctorate in Psychotherapy by Public Works which has a keen focus on the recognition and acknowledgment of expertise and achievement. As a doctoral candidate on the programme you will bring rich resources of knowledge, ideas and innovative thinking to our academic community. Our experienced Programme Team will support you to capitalise on your achievements and expertise and to produce work of excellence that will facilitate both your personal and professional growth but also promote knowledge acquisition for the profession of psychotherapy.

The Doctorate in Psychotherapy by Public Works can hold and develop a wide diversity of research interests and existing expertise and can lead to the creation of work of outstanding doctoral quality. Collaboration is key to a successful journey through the programme and maximising your opportunities to benefit from the expertise that sits within the Team. It's always exciting to see ideas, or a vision gradually take shape and to become something that is recognised for being creative, rigorous and of high quality.

We are looking forward to working with you and support you to attain your goals and, ultimately, a recognition and celebration of achievement.

A handwritten signature in black ink that reads "Alistair McBeath". The signature is written in a cursive style with a period at the end.

**Dr Alistair McBeath**

**Director of Studies**

## Key Programme Team Members

**Dr Alistair McBeath**  
*PhD, C. Psychol,*  
*AFBPsS, UKCP reg.*  
*CSci*



Director of Studies

Tel.: +44 (0) 208 579 2505

[alistair.mcbeath@metanoia.ac.uk](mailto:alistair.mcbeath@metanoia.ac.uk)

Alistair McBeath is a Chartered Psychologist and UKCP registered Psychotherapist. He is a senior practitioner member of the BPS Register of Psychologists Specialising in Psychotherapy

Alistair trained at Regents College and Guys Hospital and has worked for the Metanoia Institute for over ten years. He considers himself to be a researcher-practitioner and is keen to promote this identity within the psychotherapy profession. Alistair is co-editor of the *European Journal for Qualitative Research in psychotherapy* and has promoted mixed methods as a pluralistic approach to research including the development of the *Reflective Online Practitioner Survey (ROPS)* which has been used to build a diverse knowledge base about the views, needs and challenges facing psychotherapists.

Alistair is an active psychotherapist working for an Edinburgh based therapeutic consultancy.

### Recent Publications

McBeath, A.G. (2022 – in press). **Using Online Surveys Creatively in Counselling and Psychotherapy Research**. In S. Bager-Charleson & A.G. McBeath (Eds). **Supporting Research in Counselling and Psychotherapy: Qualitative, Quantitative and Mixed methods Research**. Palgrave: MacMillan

McBeath, A.G. (2022 – in press). **Mixed Methods Research: The Case for the Pragmatic Researcher**. In S. Bager-Charleson & A.G. McBeath (Eds). **Supporting Research in Counselling and Psychotherapy: Qualitative, Quantitative and Mixed methods Research**. Palgrave: MacMillan

Bager-Charleson, S. & McBeath, A.G. (2021). Containment, compassion and clarity: Mixed-methods research into supervision during doctoral research for psychotherapists and counselling psychologists. **Counselling and Psychotherapy Research**. <https://doi.org/10.1002/capr.12498>

Bager-Charleson, S. & McBeath, A.G. (2021) What support do therapists need to do research? A review of studies into how therapists experience research, **Counselling and Psychotherapy Research**, 21(3), 555-569.  
<https://doi.org/10.1002/capr.12432>

Marais, G., & McBeath, A.G. (2021) Therapists' lived experience of self-disclosure. **European Journal for Qualitative Research in Psychotherapy**, Vol 11, 72-86.

Bager-Charleson, S., McBeath, A.G., & Vostanis P. (2021) Building bridges with mixed methods research? Editorial CPR. **Counselling and Psychotherapy Research**. 21:48–51.  
<https://doi.org/10.1002/capr.12377>

McBeath, A.G, du Plock., & Bager-Charleson, S. (2020). The challenges and experiences of psychotherapists working remotely during the coronavirus pandemic. **Counselling and Psychotherapy Research**, 20 (3), 394-405.

McBeath, A.G. (2020). **Enjoying Quantitative research with Statistics**. In S. Bager-Charleson & A.G. McBeath (Eds). **Enjoying Research in the Field of Therapy. Qualitative, Quantitative and Mixed methods Research**. Palgrave: MacMillan

McBeath, A.G. (2020). **Doing Quantitative research with a Survey**. In S. Bager-Charleson & A.G. McBeath (Eds). **Enjoying Research in the Field of Therapy. Qualitative, Quantitative and Mixed methods Research**. Palgrave: MacMillan

Bager-Charleson, S. & McBeath, A.G. (2020). **Enjoying Research in the Field of Therapy. Qualitative, Quantitative and Mixed methods Research**. Palgrave: MacMillan

McBeath, A., Bager-Charleson, S. & Abarbanel. A. (2020). Therapists and Academic Writing: 'Once upon a time psychotherapy practitioners and researchers were the same people'. **European Journal for Qualitative Research in Psychotherapy**.

Jäderberg, L., McBeath, A.G., & Goss, S. (2019) Exploring the factors affecting child and adolescent psychotherapists' and counsellors' decision making in clinical work with parents. **Counselling and Psychotherapy Research**.  
<https://doi.org/10.1002/CAPR.12279>

McBeath A.G. (2019). The motivations of psychotherapists: An in-depth survey. **Counselling and Psychotherapy Research**, 19(4), 377-387.  
<https://doi.org/10.1002/capr.12225>

Bager-Charleson S., McBeath A.G., & du Plock S. (2019) The relationship between psychotherapy practice and research: A mixed-methods exploration of practitioners' views. **Counselling and Psychotherapy Research**, 19(3):195–205.  
<https://doi.org/10.1002/capr.12196>

Bager-Charleson, S. McBeath, A.G. & du Plock, S. (2019). **Counselling and Psychotherapy Research**, What core knowledge is needed to be a therapist? 19 (3), 182-185.  
<https://doi.org/10.1002/capr.12246>

Bager-Charleson, S. du Plock, S & McBeath, A.G. (2018) Therapists Have a lot to Add to the Field of Research, but Many Don't Make it There: A Narrative Thematic Inquiry into Counsellors' and Psychotherapists' Embodied Engagement with Research. **Psychoanalysis and Language**, 7 (1), 4-22.

McBeath, A.G. (2018) Sadness and Depression: Different Phenomena  
**Psychotherapy Review**, 61, British Psychological Society. 24-29.

### **Recent Conference Presentations**

Metanoia Research Academy (2022) – A Mixed Methods Study of Research Supervision.

UKCP Research Conference (2022) – The 3Cs relational Model of Research Supervision.

**Dr Marie Adams**  
D Psych.

UKCP  
Psychotherapist



Tel.: +44 (0) 208 579 2505

[marie.adams@metanoia.ac.uk](mailto:marie.adams@metanoia.ac.uk)

Research  
Supervisor

Dr Marie Adams is a writer and psychotherapist with a private practice in Dorset. Initially trained as Person Centred Counsellor, she then continued training in Integrative and Psychoanalytic therapy. She is a Research Supervisor and module leader on the D Psych programme at Metanoia and also teaches at the Institute for Arts In Therapy and Education (University of East London) based in Islington. A former journalist with the BBC, she has a research interest in how therapists' personal lives impact their work. Her book, *The Myth of the Untroubled Therapist* (Adams, 2014) is a standard text on counselling and psychotherapy courses throughout the country. She is also author of the novel, *Telling Time* (Adams, 2015) and has written extensively on creativity in academic writing. While Marie has a particular interest in therapists and creative writing, her current academic research is focused on the somatic aspects of research writing.

### **Recent Publications**

Adams, M. (2016). Researching the Self and Beyond: a virtuous circle. **The Psychotherapist**, *Spring 201*(62), 9 –11.

Adams, M. (2016). Writing and the Art of Practice. **The Psychotherapist**, *Spring 201*(62), 44–46.

Adams, M (2015) **Telling Time**. London. Karnac Books.

Adams, M. (2014). "Therapists are Human Too." **Therapy Today** **25**(9): 23-25.

Adams, M. (2014), **The Myth of the Untroubled Therapist**. London: Routledge.

Adams, M. (2012), '**Placing Ourselves in Context: Research as a Personal Narrative**'. In S. Bager-Charleson (ed.), **Personal Development in Counselling and Psychotherapy**. Exeter: Learning Matters.

Adams, M., 2008. **Abandonment: Enactments from the Patient's Sadism and the Therapist's Collusion**. In D. Mann & V. Cunningham, eds. **The Past in the Present: Therapy Enactment and the Return of Trauma**. London: Routledge.

Adams, M. (2001). Humour in the Psychotherapeutic Relationship - Not to be Trifled With. Counselling, **The CACP Counselling Reader**. London, Sage: 437-441.

Adams, M. (2000). "Humour in the Psychotherapeutic Relationship - Not to be Trifled With." Counselling, **Journal of the British Association for Counselling** **11**(3): 159-161.

Adams, M. (2016). Researching the Self and Beyond: a virtuous circle. **The Psychotherapist**, *Spring 201(62)*, 9 –11.

Adams, M. (2016). Writing and the Art of Practice. **The Psychotherapist**, *Spring 201(62)*, 44–46.

Bager-Charleson, S., McBeath, A. G., du Plock, S., & Adams, M. (2020). Becoming a Research Practitioner: A meta-synthesis. **European Journal for Qualitative Research in Psychotherapy**, *10*, 93–109.

Adams, M. (in-press). **AAAAGGGGHHH Research! A creative approach**. In G. Nash & C.-L. Vaculik (Eds.), **Integrative Arts Psychotherapy: using an integrative theoretical frame and all of the arts in psychotherapy**. London: Routledge



**Dr Maxine Daniels**

D Psych, (Prof), PG  
Dip, Cert Ed., BSc  
(Hons)



Tel.: +44 (0) 208 579 2505

[maxine.daniels@metanoia.ac.uk](mailto:maxine.daniels@metanoia.ac.uk)

Research  
Supervisor

Maxine is a registered UKCP psychotherapist, supervisor, and an accredited BPA Psychodrama Senior Trainer. She completed her Doctorate in Professional Studies at Metanoia in 2011. Maxine consulted to the prison service for 23 years and delivered training, and supervision for offending behaviour programmes, including sexual offending and violence programmes, which was delivered in 26 prisons in the UK. She has presented at many international conferences, and delivered training in USA, Finland, Europe and Hong Kong. Her expertise is the use of roleplay as a therapeutic tool integrating psychotherapy and cognitive behavioural modalities. She is well published in the forensic field.

Maxine has delivered therapy groups in the NHS, high secure prisons including Westgate DSPD and Grendon Therapeutic Community. She is currently a visiting Consultant and Psychodrama trainer in Broadmoor hospital working collaboratively with staff who deliver substance misuse programmes to patients. Maxine is a Consultant Supervisor and Psychotherapist to Elysium Healthcare medium secure hospitals. Maxine is an Associate with Petros [www.petros.org.uk](http://www.petros.org.uk) and delivers the Challenge of Change, an accredited resilience programme to staff, along with mental health awareness, coaching and supervision. Clients include the General Medical Council and Nursing and Midwifery Council. The latest programme is called Be Kind to Your Mind a web cast delivered globally to organizations. She is the Director of Creative Forum - a drama base training company working in public and private organizations. Clients include Breast Cancer Care, BP, the Home Office, NOTA, the Lord Chancellor's Department and Newham Health Trust. Maxine is currently a Research Supervisor on the D Psych (Prof) at Metanoia.

**Recent publications**

Daniels, M. (2021) Chapter 16: Role Play as a Therapeutic Tool, A research study of sexual offenders' experiences of victim empathy role-play in **Arts Therapies & Sexual Offending**; (ed; S, Hastilow and M, Liebmann) Jessica Kingsley: London

Daniels, M. (2018) Chapter A Brief One to One Session using Role Analysis & Role Theory in a Corporate Organization, **One-to-One Psychodrama Psychotherapy: Applications and Technique**; (ed; A, Chesner) Routledge: London

Daniels, M. (2016) Role play as a therapeutic tool with sexual offenders. **The Psychotherapist**, 62 p.13-16.

Daniels, M. (2014) Countertransference in Research. In S. Bager-Charleson, **Doing Practice-based Research in Therapy**, p. 94 London: Sage

Daniels, M. (2011) The Use of Role Play as a Therapeutic Tool in Clinical Practice: What do sexual offenders experience when role reversing with their victims in **Her Majesty's Prison Service Core Sex Offender Treatment Programme? An IPA enquiry**. D Psych, Middlesex University, London, UK.

**Prof Simon du Plock** *D Psych, FRSM, AFBPsS, C Psychol, CSci, HCPC Registered Practitioner, Psychologist, UKCP Reg.*



Tel.: +44 (0) 208 579 2505

[simon.duPlock@metanoia.ac.uk](mailto:simon.duPlock@metanoia.ac.uk)

Senior Research  
Fellow

Prof Simon du Plock and Prof Sheila Owen-Jones established the D Psych by Public Works in collaboration with Middlesex University in 2007, and Simon was then Programme Leader until 2020, when he became Senior Research Fellow. He is a Foundation Member with Senior Practitioner Status of the BPS Register of Psychologists Specialising in Psychotherapy, and a Member of the BPS Register of Applied Psychology Practice Supervisors. He has been a BPS Chartered Counselling Psychologist and UKCP Registered Psychotherapist since 1994 and is a Fellow of the Royal Society for Medicine. He currently maintains a research and clinical supervision practice in Oxford.

### **Recent Publications**

du Plock, S., Adams, M. & Lodge, R. (2021) What does it mean to 'teach existentially', and how can we teach existentialism existentially? **Existential Analysis**, Vol. 32. No. 2. 278-292.

du Plock, S. (2020). Chapter 'The Reflexive Research-Practitioner: Case Study Research', in Sofie Bager-Charleson (ed) **Reflective Practice and Personal Development in Counselling & Psychotherapy**. London: Sage.

McBeath, A.G, du Plock., & Bager-Charleson, S. (2020). The challenges and experiences of psychotherapists working remotely during the coronavirus pandemic. **Counselling and Psychotherapy Research**, 20 (3), 394-405.

Bager-Charleson, S., du Plock, S., McBeath, A. G. (2020) Therapists as Research Practitioners. Transitions through the lenses of Access, Identity and Opportunity. **European Journal Qualitative Research in Psychotherapy**, Vol. 10, 93-109.

du Plock, S. (2019). Section Editor 'Newly evolving forms of Existential Therapy around the world' and Chapter Contributor, 'Overview of geographic development', **The Wiley World Handbook of Existential Therapy**. Chichester: Wiley

Bager-Charleson, S., McBeath, A.G. and du Plock, S (2019). How does training prepare counsellors and psychotherapists for doing research? A mixed-method inquiry into overlaps and differences between clinical training and research. **Counselling and Psychotherapy Research**, Special issue.

Bager-Charleson, S. McBeath, A.G. & du Plock, S. (2019). Guest editors for two Special Issues of **Counselling and Psychotherapy Research**, What core knowledge is needed to be a therapist? 19 (3). <https://doi.org/10.1002/capr.12246>

Bager-Charleson, S. du Plock, S & McBeath, A.G. (2018) Therapists Have a lot to Add to the Field of Research, but Many Don't Make it There: A Narrative Thematic Inquiry into Counsellors' and Psychotherapists' Embodied Engagement with Research. **Psychoanalysis and Language**, 7 (1), 4-22.

du Plock, S. (2018). Editor, **Case Studies in Existential Therapy: Translating theory into practice**. London: PCCS Books.

du Plock, S. (2017). *Everyday Therapy: Putting the wonderment back into our daily lives*. **Existential Analysis**, Vol. 28. No. 1. 93-104.

du Plock, S. (2017). Chapter 'Philosophical Issues in Counselling Psychology', in David Murphy (ed) **Counselling Psychology: A textbook for study and practice**, BPS Textbooks in Psychology Series. Chichester: Wiley.

### Recent conference papers

2021 Opening Keynote for **BPS Division of Counselling Psychology Annual Conference** – held online.

2020 Paper for online **International Meaning Conference** 'Facing COVID-19 and Beyond', The Challenges and Experiences of Psychotherapists Working Remotely During the Coronavirus Pandemic – A Mixed Methods Study.

2020 Therapists as Research Practitioners: Transitions through the lens of Access, Identity and Opportunity. **UKCGE Annual Conference**, University of Glasgow

2018 Opening Keynote, **7<sup>th</sup> Pan-Hellenic Conference of Counselling Psychology**, University of Thessaly, Greece

2018 Invited Speaker East **European Association for Existential Therapy, IX International Conference**, Institute of Humanistic and Existential Psychology, Vilnius University, Lithuania

**Dr Rupert King**  
*D Psych., Adv. Dip.*  
*Existential*  
*Psychotherapy*



Tel.: +44 (0) 208 579 2505

[rupert.king@metanoia.ac.uk](mailto:rupert.king@metanoia.ac.uk)

Research  
 Supervisor

Rupert King is a UKCP registered existential psychotherapist and supervisor in private practice. He studied at Regents University and is a graduate of the ADEP programme. Over the years he has taught phenomenology and existential philosophy on a number of postgraduate diploma courses. His research interests include hermeneutic phenomenology, the philosophy of Martin Heidegger, use of imagery in research, Jungian psychology and Buddhism. He is a keen gardener and takes a creative and imaginative approach towards clinical practice, teaching and research.

### **Recent Publications and conferences**

King, R. (2021) Stepping into the clearing: A researcher's challenge to make sense of phenomenological philosophy. **European Journal for Qualitative Research in Psychotherapy** Vol. 11, 1-12

King, R. (2020). Doing Phenomenological Research. Dwelling with the mystery. In Bager-Charleson, S. and McBeath, A. (Eds.), **Enjoying Research in Counselling and Psychotherapy. Qualitative, Quantitative and Mixed Method Research**. pp.37-50. London: Palgrave MacMillan OI 10.1007/978-3-030-55127-8

TRiM CPD day – Essex & Herts. Police and Ambulance Services, October 12<sup>th</sup>, 2018. Guest speaker (paper presented and workshop leader). **Gardening: insights for well-being & self-care**

37<sup>th</sup>International Human Science Research Conference: Spartanburg USA 24<sup>th</sup>-28<sup>th</sup>June 2018. Paper presented **Dwelling in Heidegger's Clearing: A researcher's dialogue with not-knowing**

King, R. (2018). Gardening with Heidegger. **The Psychologist** June 2018 issue pp 47-48

King, R. (2018). Openness and Psychotherapy: Late Heidegger and the clearing. **Existential Analysis**. 29.1, pp. 77-93

King, R. (2015) Heidegger and the art of Dwelling. **Hermeneutic Circular**. October, pp 10-12

King, R. (2015). Light and Shadow in the Forest: A phenomenological exploration of Heidegger's clearing (die Lichtung). **Existential Analysis**. 26.1, pp. 103-1

## Nature of the Award

---

The DPsych by Public Works is designed on the same principles as the Middlesex University DProf by Public Works and is assessed by the same criteria as the existing Metanoia Institute and Middlesex University DPsych (Doctorate in Psychotherapy by Professional Studies) award.

The award appeals to senior and accomplished practitioners in the fields of psychotherapy, counselling and psychology who have already made a substantial contribution to psychological therapy through a range of publications and/or public works such as setting up and running a psychotherapy or counselling service, generating and applying policy documents, strategic plans, major organisational change, innovative and successful training programmes etc, which have been pivotal in the field and commended, reviewed and respected by peers.

The Higher Education Academy document “Redefining the Doctorate” (Chris Park, 2007<sup>1</sup>) highlights the need to develop doctoral level training in a knowledge economy driven HE environment.

There is a fast- growing niche for a non-subject based (i.e. not a PhD) professional doctorate which takes an individual’s higher-level achievement and CPD as its focus but is unlike regular “taught” doctorates. A fundamental requirement for Professional Doctorates is for candidates to demonstrate their capability to solve problems relevant to their own professional practice and through this make a significant contribution to current professional knowledge and practice.

The DPsych by Public Works fits in well in this context. Whilst adding to the innovative framework addressed in the HE documents it also falls within existing generic professional doctorate requirements.

The Middlesex DProf (Doctorate of Professional Studies) model is a “third generation” doctorate, being learner-centred and experience-led. The DProf concept is based on requirements below, which also guides the Doctorate by Public works in terms of:

- \* recognition of individual professional experience and achievement;
- \* acceptance of a wide variety of final products/outcomes proposed by the doctoral candidate as the basis for final assessment including, for example, project reports, guidelines and regulations related to strategies to achieve impact on the work-based and professional context;
- \* a critical commentary by the candidate of own professional achievements in their work and the outcomes of their particular area of focus;
- \* assessment of all work, including critical reviews of previous learning and achievements, judged against generic levels of performance relevant to doctoral programmes as set out by QAA and the University;
- \* involvement of representatives of the appropriate professional field at key stages of the programme.

The DPsych by Public Works is uniquely open to all professional areas focusing on the candidate’s work context, area of activity and own unique area of interest. The public works

---

<sup>1</sup> Park, C. (2007). Redefining the doctorate. Higher Education Academy. [http://www.heacademy.ac.uk/news/detail/Redefining\\_the\\_doctorate\\_report](http://www.heacademy.ac.uk/news/detail/Redefining_the_doctorate_report)

can be in various forms from published works in the traditional sense to other embodied expressions of knowledge.

This highly selective programme currently has 34 graduates; the titles of their Final Projects can be seen in Appendix 2.

## **Rationale and Ethos of Programme**

---

Metanoia Institute made a successful application to Middlesex University to offer the Doctorate in Psychotherapy by Public Works (DPsych by Public Works) in 2006. This programme, analogous to the Middlesex DProf by Public Works, was approved in February 2007 and the first intake commenced in October 2007.

At the date when the application was made the Post Qualification Doctorate Department was in its ninth year of operation and was attracting high calibre candidates to its well-established Doctorate in Psychotherapy by Professional Studies (DPsych by Professional Studies) programme. While many of the candidates on this programme had been able to use the accreditation facilities of the DPsych to gain recognition of their previous research and development achievements, this had only been in respect of part of the DPsych award. The opportunity to introduce the DPsych by Public Works opened a doctoral pathway to senior members of the profession who could justifiably present their substantial existing achievements for the whole award. The DPsych by Professional Studies had used a number of such potential candidates to present its Professional Knowledge Seminars. These professionals were truly eminent in the field.

The DPsych by Public Works research supervisors offer a wealth of knowledge and in-depth understanding of reflexivity which they have established over a number of years in the course of their work on the DPsych by Professional Studies, and, in particular, the Review of Personal and Professional Learning (RPPL) which forms the first module on that programme. Candidates on the DPsych by Public Works are required to submit a reflexive audit of a group of their existing achievements. This audit resembles in important respects a very extensive and detailed RPPL.

While each candidate necessarily undertakes their own individual research journey, the major task for all Public Works candidates is becoming research-minded and developing and demonstrating a critical appraisal of their personal and professional trajectory in a comparatively short space of time, with the support of their Research Supervisor.

The Doctorate in Public Works provides a unique opportunity for expert practitioners to reflect on how they have come to make their distinctive contribution to the field of therapy and be academically recognized. The process of constructing the Context Statement requires that they move from the descriptive to a reflexive and evaluative account of what they have accomplished, while further developing their research skills by critically appraising their methods and the process that led to the impact on their profession.

Each candidate is allocated a Research Supervisor, whose role is to prompt and provoke an increasingly in-depth understanding of this process through an academic mentoring relationship that is designed to be mutually informative and enriching. Regular contact is maintained throughout the programme to sustain this high level of output and candidates often tell us that they find this a deeply integrating experience on a personal level as well as from a professional perspective.

A particular feature of the Public Works doctorate is the potential for experienced Team members to support candidates in discovering that they frequently have achieved more relevant high-grade work than they might otherwise have assumed. This dynamic is unique to the Public Works doctorate and requires generous but profitable support from Team members.

The programme team have generated a significant body of publications and research which supports them in their guidance of candidates. Candidates, who are all qualified, experienced and senior therapy practitioners are provided with an opportunity to form a collegial relationship with a Research Supervisor that enables them to work intensively to create a submission and identify appropriate evidence of their impact on therapeutic theory and clinical practice.

Public Works candidates are integrated into the wider doctoral programme, are welcome to attend DPpsych Professional Knowledge Seminars, and contribute to and receive the bi-annual Post-Qualification Newsletter. Successful candidates are invited to take part in both the Middlesex University graduation ceremony and Metanoia celebration garden party.

## **Middlesex University and Metanoia Institute Collaboration**

---

The DPpsych by Public Works is a research adjunct of the DPpsych by Professional Studies joint programme, which was first validated as a joint programme offered by Metanoia Institute and Middlesex University through the Institute for Work Based Learning.

In 2006 Metanoia applied to Middlesex to offer a DPpsych by Public Works. This programme, analogous to the Middlesex DProf by Public Works, was approved in February 2007, and the first candidates commenced in October 2007.

The DPpsych by Public Works underwent a Middlesex University mini review in March 2012. The university, in its July 2012 report, concluded that quality monitoring on the programme provided evidence of good practice, and went on to make two recommendations which were addressed in quality monitoring conducted during academic year 2012/13. This exercise did not identify any trends in profile data which would lead to necessary actions.

The DPpsych by Public Works was re-validated in 2014 by Middlesex University and again in 2020 for a further five-year period

## **Programme Overview**

---

See Appendix 1 Programme Flow Chart for a detailed breakdown of the journey which a successful candidate takes.

See Appendix 2 for a listing of the 34 Public Works Final Projects.

## Appendix 1

### Programme Flow Chart

1	Potential applicants receive or download from the website: Information Pack, application procedure, & application form
2	Telephone Briefing with Programme Leader
3	Send in completed application form With CV, fee & Personal Statement
4	Proposed Public Works are reviewed. This review will be undertaken by an internal or external expert where appropriate, who reports on their suitability.
5.	If the reviewer is positive, applicant invited to interview. Normally conducted by Programme Leader and one other team member. Bring examples of Public Works to interview*

750 – 1,000 words

**\*If work is co-authored bring a signed statement from the co-author identifying their respective contributions**

**\*If work is awaiting publication bring a signed letter from the publisher with expected date of publication**

**\*If work is in the public domain but not traditionally published bring a signed letter of verification.**

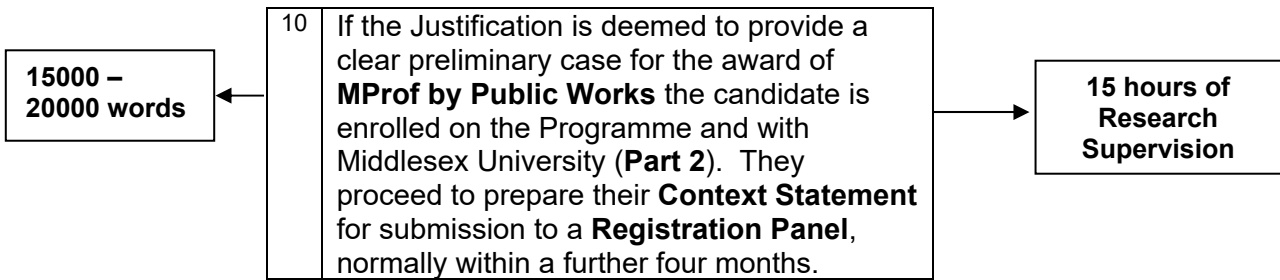
6 Within two weeks will be sent a letter of acceptance to **Part 1** of the programme with the name of their Research Supervisor.

7	Candidate enrolls on Part 1 of the programme and pays Metanoia Membership and the justification fee. Candidates in <b>Part 1</b> are not enrolled with Middlesex University.
8	Within 2 months of entry the candidate submits a <b>5000-word Justification</b> evidencing the grounds for their claim to Doctoral status
9	Justification is assessed by Programme Leader and Candidate's Research Supervisor.

5 hours of Research Supervision

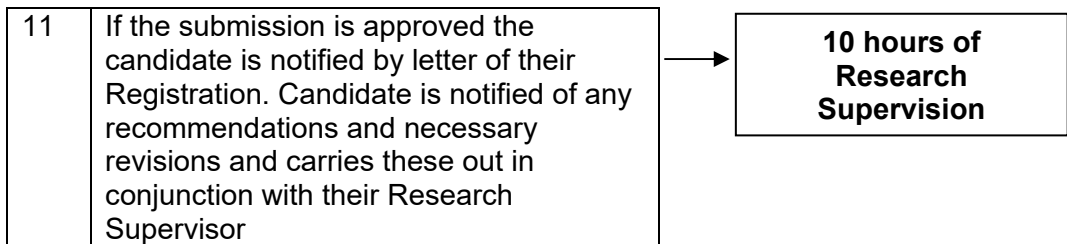
**If the Justification is deemed not to provide a clear preliminary case for the award of the Doctorate by Public Works the candidate will not have successfully completed Part 1 of the Programme and will exit the Programme.**





**The context statement and public works are sent to the Registration Panel. The candidate makes a presentation to the Registration Panel, which acts on behalf of the Programme Board for approval of registration.**

**If the submission is not deemed of a standard to enable the Candidate to progress, they will either take a further semester in order to improve their submission and resubmit, or they will exit the Programme.**



**The candidate discusses submission with their Research Supervisor taking account of the recommendations of the Registration Panel.**

12	<p>Candidate completes the revised context statement and after approval from Research Supervisor submits the work for assessment</p>
----	--

13	<p>The Candidate is orally examined by presentation and viva voce. Two external and one internal assessors will have considered and reported on the submission and together with an independent Chair will conduct the examination. They will then produce a final report for the Research and Research Degrees Committee.</p>
14	<p>The Candidate will be notified of the result and any further work that needs to be done</p>
15	<p>The Candidate may attend a Middlesex University Graduation Ceremony and Metanoia Graduation Party.</p>

## Appendix 2

### Completed DPsych by Public Works Final Projects

Name	Final Context Title	Academic Year Graduated
Dr Ken Evans	Contributing to the development of psychotherapy as a profession in the United	2008/2009
Prof Yair Maman	Community-based counsellor training, incorporating outreach elements with community needs.	2008/2009
Dr Sally Denham-Vaughan	Re-enactment of Psychological Services organisational strategy, leadership and implementation as informed by a Gestalt perspective	2008/2009
Dr Helena Hargaden	The Bi-directionality of the Relational Unconscious	2008/2009
Dr Talia Levine Bar-Joseph	About being the Bridge	2008/2009
Dr Patricia Mylan	Child protection in Asia: A postmodern multi-system psychotherapeutic approach.	2008/2009
Dr Margot Sunderland	The application of art and science to the psychological treatment of children.	2008/2009
Dr Kathryn May	Psychotherapeutic work with and for marginalised groups: Demonstrations of reflexive activism.	2009/2010
Dr Willem Lammers	An Odyssey in Guided Change	2009/2010
Dr Kate Anthony	Developing Counselling and Psychotherapy in the Age of Technology and the Internet	2010/2011
Dr Lucy Johnstone	Psychological Formulation: a Radical Perspective	2010/2011
Dr Geoff Warburton	With Love: Collaborating with the evolution of love in self and society through psychotherapy	2010/2011

Name	Final Context Title	Academic Year Graduated
Dr Benna Chase	Self as a Bridge between Psychology/Psychotherapy and Religion in the Area of Palliative Care: Integrity and Growth in the Maltese Context	2011/2012
Dr Kate Birch	Synthesizing Theory to Create Psychologically Informed Programmes for the Empowerment of Parents and Teachers in New Zealand and Austria	2011/2012
Dr Beverley Costa	An Audit of the Organisation Mothertongue Multi-Ethnic Counselling Service	2011/2012
Dr Isobel Rogers	Delivering Psychological Innovation to the Criminal Justice System: The Business of Clinical Consultancy	2011/2012
Dr Zack Eleftheriadou	Incorporating Cross-cultural issues in Psychotherapy: A Relational Framework	2012/2013
Dr Marie Anne Chidiac	A synthesis of Gestalt psychotherapy and organisational change	2012/2013
Dr Nazee Akbari	A Holistic Approach to Support Mental Wellbeing of Refugees and Asylum Seekers	2013/2014
Dr Jane Fossey	Contributing to the development of psychotherapy as a profession in the United Kingdom and Europe 1987 to 2008	2013/2014
Dr Leanne O'Shea	Voices from the Margins: Building access to complex, dependable, dense networks of support	2013/2014
Dr Rytis Stelingis	Contribution to the origins and development of Gestalt Psychotherapy in Lithuania 1993 to 2013	2013/2014
Dr Kiran Chitta	Change Agility: Growing the Capacity for Creative Adjustment in 'The Global Field	2014/2015
Dr Peter Cockersell	Recovery Through Public Works. A Psychodynamic Perspective on Change and Complexity at Personal, Organisational & Social Levels	2014/2015

Name	Final Context Title	Academic Year Graduated
Dr Niki Cooper	Enhancing the wellbeing and prospects of children and their families through training: from practice (doing) to theory (thinking) and back again. The development of a professional qualifications department in a service delivery organisation	2014/2015
Dr Satwant Singh	Hoarding Disorder: New Horizon	2016/2017
Dr Mike Talbot	Conflict, Commerce and Contact Gestalt Theory and Conflict Resolution	2016/2017
Dr Jennifer Sandelson	Crossing the Line Establishing counselling training in hard to reach and marginalised communities	2017/2018
Dr Sara Ireland	A 'cut too deep'; creating a context for change in the family and community of practice for the management of self-harm	2018/2019
Dr Vivien Sabel	The Blossom Method: Development of a Somatic Psychotherapy Model, its use in Clinical and Everyday Settings: A Heuristic, Reflexive Inquiry	2018/2019
Dr Marc Kingsley	From being different to making a difference: developing the role of clinical health psychological services in the public health arena.	2019/2020
Dr Martin Adams	On Learning from Experience: Existential Perspectives on Teaching and Writing about Psychotherapy.	2019/2020
Paula Reckless-Hall	Developing Contemporary Models for Understanding and Treating Sex Addiction in the Digital Age	2019/2020
Dr Heather Churchill	From Pastoral Care to Professional Counselling: The Development of Higher Education Counselling Training Within a Christian Paradigm	2020/2021