CONTINUING PROFESSIONAL DEVELOPMENT DEPARTMENT

THE THREAT OF SUICIDE - HOW CAN WE WORK WITH IT IN A RELATIONAL WAY?

Open to students and graduates from all modalities

Led By: Gerhard Payrhuber
Date: Thursday 27th April 2017 Time: 9.30am - 5.30pm
Cost: £140(Members)/£170Non-Members)
MHPF Early Bird 50% Discounts: £70 (Members)/ £85 Non-Members) Early Bird Discounts ends 10th March 2017
Venue: Metanoia Institute Campus TBC

Workshop Information:
In this workshop we explore the dynamics that might occur when we work with people who feel suicidal. We first explore the phenomena of suicide and will try to understand what makes people suicidal and how we can work with clients in a relational frame when they experience suicidal thoughts and intentions.

I believe that relational trauma and dissociation are fundamental realities when we work within the field of suicide. Perhaps people can die many deaths and live many lives and the act of the physical killing is often the last resort in an ongoing unresolved self-defeating struggle. All people in a suicidal crisis constantly lose the battle with auto- and self-regulation and are constantly flooded by unbearable as well as intense emotions so “ongoing death” is often their life.

Through traumatic wounding people do not just survive but employ a variety of defensive and dissociative strategies that will help to build their future grave. Implicit relational toxic double binders can play a vital role in the development of a depleted and punctuated self that has not discovered the luxury of “going-on-being” yet. Suicide kills the messenger not the root of the problem.

In this workshop you will learn to work with suicidal clients in a relational psychotherapeutic frame and it will help you to develop a good understanding of the phenomenon of suicide and it will help you to develop sound clinical and assessment skills when working with the threat of suicide. This workshop is open to all practitioners and trainees alike.

Facilitator:
Gerhard Payrhuber is a UKCP registered integrative psychotherapist who has extensive experiencing in working with people how face a suicidal crisis. He is involved in suicide awareness training in hospitals across London and offers CPD workshops.

He further has a strong clinical focus on transgenerational trauma; he works in both group and one-to-one psychotherapy settings and has a private relational psychotherapy practice in Brixton, South London.

This workshop counts as one day towards the Mental Health Familiarisation placement.

Please turn over for application details
HOW TO APPLY:

To book a place on this course please complete the CPD application form which can be found in the stand in the foyer, or on the Metanoia website (www.metanoia.ac.uk/workshops). If you have any enquiries contact cpd@metanoia.ac.uk or call on 020 8832 3074

ACCESSIBILITY STATEMENT:

Metanoia Institute’s North Common Road campus is fully accessible. However, we are unable to guarantee that all workshops will take place at the North Common Road campus. You will need to specify on the CPD Application form whether you have a disability.

METANOIA INSTITUTE CAMPUS LOCATIONS:

By Tube: Central & District Lines & British Rail to Ealing Broadway.
Piccadilly & District Lines to Ealing Common.

Both Metanoia Institute campuses are located between these two stations (Gunnersbury Avenue is nearer to Ealing Common Station)

By Bus:
65, E1, E2, E3 & E9 and other local services all stop at Ealing Broadway.

By Car:
Parking meters are in operation on North Common Road (Maximum stay 5 hours charged at £6.00)
Gunnersbury Avenue is on a Red Route with NO STOPPING at anytime so you will need to find parking on the surrounding roads or at the Ealing Broadway Shopping Centre.

Metanoia Institute Campuses:

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