Carl Rogers advanced a highly influential theory of counselling and psychotherapy and was himself an exemplar of his own method. On the one hand, Rogers was an advocate of growth and creativity. On the other hand, his theoretical formulation can sometimes seem so complete and watertight that it leaves little room for improvement, debate or development. His ideas can become a victim of their own success. In this workshop we will examine some of the implicit dialectical tension within Rogers' theory and practice and some of the ways and directions in which his methodology can be constructively critiqued and developed. For those inspired by the genius of this great thinker this will aim to open up avenues of enquiry, experimentation and personal practice, both in the arena of helping the client and that of personal growth as well as in theoretical formulation. The workshop may include presentations, discussion, experiential work and/or demonstration and coaching.

David Brazier, PhD, is author of ten books on psychology, Buddhism and culture, including a volume of poetry. His first major book was called “Beyond Carl Rogers”. Dr Brazier knew Dr Rogers and was part of the enabling group in the 1970s and 80s concerned with the development of the person centred approach. Dr Brazier has practised psychotherapy for many decades and is an authority on Buddhist psychology. As president of the International Zen Therapy Institute he teaches on programmes in Korea, Peru and Spain. He currently spends most of his life travelling and teaching and has also established on-line programmes through Amida Academy. He is head of the Amida Order of Pureland Buddhism. Between travels he resides at a hermitage in rural, central France. In addition to person centred and Buddhist interests he also teaches existential psychology. In the past he has worked in social and aid work in several countries and set up relief and educational projects. He has qualifications in counselling, social studies, psychodrama, and management.
**How To Apply:**

To book a place on this course please complete the CPD application form which can be found in the stand in the foyer, or on the Metanoia website (www.metanoia.ac.uk/workshops). If you have any enquiries contact Thilisa Hamilton (thilisa.hamilton@metanoia.ac.uk) or call on 020 8832 3074

**Accessibility Statement:**

Metanoia Institute’s North Common Road campus is fully accessible. However, we are unable to guarantee that all workshops will take place at the North Common Road campus. You will need to specify on the CPD Application form whether you have a disability.

**Metanoia Institute Campus Locations:**

![Map of Metanoia Institute campuses]

- **By Tube:** Central & District Lines & British Rail to Ealing Broadway.
  Piccadilly & District Lines to Ealing Common.

Both Metanoia Institute campuses are located between these two stations (Gunnersbury Avenue is nearer to Ealing Common Station)

- **By Bus:** 112, 83, 207, 427, 607, E11 all stop at Ealing Common.
  65, E1, E2, E3 & E9 and other local services all stop at Ealing Broadway.

- **By Car:** Parking meters are in operation on North Common Road (Maximum stay 5 hours charged at £6.00)
  Gunnersbury Avenue is on a Red Route with NO STOPPING at anytime so you will need to find parking on the surrounding roads or at the Ealing Broadway Shopping Centre.

**Metanoia Institute Campuses:**

13 North Common Road, Ealing, London, W5 2QB
&
13 Gunnersbury Avenue, Ealing, London, W5 3XD

Telephone: +44 (0)20 8579 2505
Fax: +44 (0)20 8832 3070
Website: www.metanoia.ac.uk

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