

Continuing Professional Development



Madeleine Fogarty

Madeleine Fogarty lives (with her large and beautiful family) in Melbourne, Australia where she has been working as a psychotherapist and supervisor in private practice for the past 17 years. A regular contributor to Gestalt Journals and conferences, Madeleine is completing her Doctorate in Psychology at Swinburne University of Technology on the development and validation of the Gestalt Therapy Fidelity Scale. Madeleine also runs supervision and training on the use of the GTFS for clinical practice. Madeleine is the Research chair for GANZ, is on the psychotherapy leadership group for PACFA, on the committee for the International Gestalt Research Group, a member of the AAGT and is a scientific board member for the EAGT.

Deepening Understanding of Gestalt Clinical Practice

What makes Gestalt, Gestalt? How often do we flounder in the face of this question while having a felt sense of what the answer is?

The Gestalt Therapy Fidelity Scale (GTFS) identifies 20 clinical practices that are specific to Gestalt and that demonstrate the key concepts of

increasing awareness
working dialogically
working in the here and now
phenomenological practice
working with embodied awareness
field sensitive practice
working with contacting processes
experimental attitude

"Video ratings of the GTFS was really inspiring and a thought-provoking experience . . . It led us into a discussion of how to train competent therapists instead of therapists who simply "do Gestalt", as we often hear. An enriching experience". Jan Roubal.

"The GTFS is a foundational tool for scientific research on Gestalt Therapy and an essential reference for supervision". Margherita Spagnuolo-Lobb

"What we have been needing for years" Malcolm Parlett

"Highly recommended" Edinburgh Gestalt Institute.

"A rich and rewarding workshop that made us reflect on our work and enlivened our practice" The Relational Institute, Sydney.

If you are curious about Gestalt, or training or working as a Gestalt therapist, you may wonder how your way of working in the clinic reflects these key concepts and practices.

Thursday 5th July

9:30am —5:30pm

Metanoia Institute, 13 Gunnersbury Avenue, Ealing, W5 3XD

Metanoia Members: £90 per day

(Book before 21st May for the Early Bird Discount: £70 per day)

Non-Members: £110 per day

(Book before 21st May for the Early Bird Discount: £90 per day)

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