

# Metanoia Institute Equality and Diversity Committee - News Update



## Metanoia Institute *Refugee Campaign:*

As the refugee crisis continues to unfold, rather than watch on helplessly, the Metanoia E + D Committee decided that we would like to find a way, to involve Metanoia students and staff, in joining us to do our bit, to help those fleeing war and persecution.

We have made links with a refugee assistance organisation, called Hope & Aid Direct and we will work with them on the various targeted campaigns that they organise. At present, they are collecting for refugees who are in Serbia and Greece. There are several organisations working with them and rather than end up with lots of the same things, they have asked, that we collect new underwear and filled wash bags.

### *Amazon Account*

We have set up an Amazon account, which you can find, by going to the Amazon website and typing in the **Metanoia Refugee Campaign Wish List** or please [click here](#). You will find several items that they have asked for and can be gifted to the campaign.

The items will be delivered to Metanoia Institute and we will send them on. We have also set a target of collecting at least 200 filled wash bags, that we hope you will fill and hand to reception. If you prefer to donate money, then please do and we will use it, to buy from the Amazon account.

### *Wash Bags*

Hope and Aid Direct want male and female wash bags, containing flannel, deodorant, comb/brush, toothpaste, toothbrush, hand cream, perfume or aftershave, shampoos, razor pack, sanitary towels, tissues, nail clippers, floss sticks, etc. They have asked **not to** include soap, as they have lots of that. Please also state clearly, whether you are donating a male or female wash bag, as this will make distribution at their end and packing our end, much easier.

Please ensure that your wash bags contain a good assortment of toiletries, rather than lots of one thing, as we do not have the time to go through them all, to add extra bits into what has been donated.

### *Knickers, Pants, and Bras*

They also need underwear, for all age groups, male and female, small and medium, a small proportion needs to be large, but no bigger. They also need Bras – new or second-hand, but if second-hand, must be washed and of good quality, with the size clearly labelled.

### *Packing Help*

All items collected, need to be packed into Banana Boxes and then driven to the headquarters of Hope & Aid Direct in Essex. If you have any spare time, to help us pack the boxes, or any way of picking up some Banana Boxes (usually free from supermarkets) and have a large car or van, please contact us.

**Email:** [heather.fowlie@metanoia.ac.uk](mailto:heather.fowlie@metanoia.ac.uk)

*Thank you, for your kind assistance.*