

Certificate in Supervision: An Integrative Relational Approach to Supervision

Commencing May 2017



Programme Leader and Primary Course Tutor: Paul Hitchings
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Registered Charity No. 1050175

Philosophy of the course

This course is suitable for consultants and supervisors of consultants and supervisors of counsellors, psychotherapists, psychologists, psychiatrists, social workers, probation officers and others in the helping professions. The course is based upon an integrative relational approach to supervision and supervisory practice. It is therefore not linked to any particular orientation of counselling or psychotherapy, but rather presents a model of supervision as a discipline in its own right. The course is aimed at practitioners in all different fields of work and with different theoretical approaches to counselling, psychotherapy and other forms of clinical practice. It aims to bring together helping professionals of different orientations so that they can dialogue about both their commonalities and differences in the theory and practice of supervision.

Aims of the training programme

- To provide participants with the theoretical basis and practical skills in supervision so that they can practice independently or in professional association as supervisors for practitioners in the helping professions. This standard is equivalent to that required by other professional associations for the accreditation of supervisors.
- To create a structured learning experience that provides models or frameworks of working knowledge and skills, resulting in a coherent and cohesive approach to the supervision of trainees or practising professionals.
- To develop in participants the supervisory competences as outlined in the 'The competences framework for supervision', published by Centre for Outcomes, Research & Effectiveness (CORE) from which will be derived the 'National Occupational Standards' for the practice of supervision.
- In the light of the seniority of the practitioners generally participating in the course, a particular emphasis is placed on the sharing and exchange of accumulated knowledge and expertise. The diversity of professional backgrounds and theoretical orientations provides a richness of experience, challenge and opportunity to participants.

Training Programme Design

The course is structured across six 2-day modules, spaced approximately monthly to make it more easily possible for professionals, who are not London based, to attend the course. There is a considerable course emphasis on the practice of supervision. To facilitate this there is an opportunity across all the Modules for live practice on each day of the course. This takes the form, on one of the days in each module, of working in small groups of three or four where live supervision is conducted with feedback from those peers present. On the alternate day of each module, live practice is conducted in a larger group (usually 7 to 9 participants) where supervision of supervision can be practiced and can be received.

Entry Requirements

Applicants must be qualified practitioners in a helping profession, for example psychotherapists, counsellors, psychologists, psychiatrists or social workers, who are firmly grounded in their own orientation to clinical practice.

Course dates

Module 1: Saturday 27 and Sunday 28 May 2017

Module 2: Saturday 24 and Sunday 25 June 2017

Module 3: Saturday 29 and Sunday 30 July 2017

Module 4: Saturday 30 September and Sunday 01 October 2017

Module 5: Saturday 28 October and Sunday 29 October 2017

Module 6: Saturday 25 November and Sunday 26 November 2017

Primary Tutor Paul Hitchings

Teaching days start promptly at 9.30 and end at 5.30 (5.00 on Sundays)

Breakdown of hours

Tutor course hours 84 hours

Reading time 80 hours

Written work 16 hours

Total: 180 hours

Certificate in Supervision awarded by Metanoia Institute

Cost of the Course

£2400



Further information

For full details of the programme and application procedures,
please contact our Senior Academic Coordinator, Cathy Simeon.
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