CONTINUING PROFESSIONAL DEVELOPMENT DEPARTMENT

THE PRACTICE OF PERSON-CENTRED COUPLE & FAMILY THERAPY

Open to students and graduates from all modalities

LED BY: Charles O'Leary

DATE: Wednesday 4th & Thursday 5th May 2016  TIME: 9.30am-5.30pm

COST: £140 (Members)/£170 (Non-Members) (per day)

Metanoia Person Centred Students: £130 (per day)

(When attending for Person Centred Related Training Units)

Early Bird Discount: £120 (Members) / £150 (Non-members) £110 (Metanoia Person-centred students) (per day) Early Bird Discounts ends 25th March 2016

VENUE: Metanoia Institute Campus TBC

WORKSHOP INFORMATION:

Charles O'Leary will facilitate a workshop on person-centred couple and family therapy. The workshop will cover areas of interest to persons with experience in couple and family work as well as person-centred therapists seeking to expand their work in relationship therapy.

This training will build on earlier Metanoia trainings and will include:

- How client-centred listening can create space for relationship change;
- Common factors for all effective couple and family therapy;
- Balancing structure with client ownership of sessions;
- Extended demonstration of many different couple situations; especially those brought by participants;
- DVD’s of Charles' own work with couples and families;
- Difficult and feared situations: high conflict; depression; affairs; forgiveness; developmental challenges.

A dialogue between Carl Rogers and a contemporary couple and family therapist.

Participants can bring their client predicaments, their fears, their relationship questions for two days of dialogue and encouragement. Charles will show how his work is similar to as well as different from Emotion Focused Couple Therapy and Narrative Therapy.

Charles O Leary has a sensitive, respectful, caring and accepting way of being, which encourages people to access and ultimately to communicate their personal thoughts and feelings. He is generous and always eager to hear the viewpoint of another. He communicates a genuine desire to understand and accompany people as they attend to the challenges in their lives. He inspires me to be the best I can with the clients I work with.

Fiona McCarthy, Director, Counselling Centre at Knock Shrine, Ireland.

"Charlie O'Leary has a powerful reputation as a family therapist and as a teacher of family therapy. Above all, he is an observer of families and family life whose commentary on what he observes combines truth and humor in a fashion which might be likened in British terms to ‘John Cleese with a doctorate in therapy.’”

Dave Mearns

FACILITATOR:

Charles O'Leary, is the author of The Practice of Person-Centred Couple and Family Therapy (Palgrave McMillan, 2012) and Counselling Couples Couples and Families: A Person-Centred Approach (London, 1999), the first book to integrate Carl Rogers’ therapeutic conditions with couple and family therapy. During the early 1970s he studied at and was a member of the Centre for Studies of the Person, alongside Carl Rogers. He regularly teaches family and couple work in the US, Austria, UK, Ireland and Italy Clinical Fellow of the American Association of Marriage and Family Therapists, Charles has a private practice in Denver, Colorado. of Marriage and Family Therapists, Charles has a private practice in Denver, Colorado.
HOW TO APPLY:

To book a place on this course please complete the CPD application form which can be found in the stand in the foyer, or on the Metanoia website (www.metanoia.ac.uk/workshops). If you have any enquiries contact Thilisa Hamilton (thilisa.hamilton@metanoia.ac.uk) or call on 020 8832 3074.

ACCESSIBILITY STATEMENT:

Metanoia Institute’s North Common Road campus is fully accessible. However, we are unable to guarantee that all workshops will take place at the North Common Road campus. You will need to specify on the CPD Application form whether you have a disability.

METANOIA INSTITUTE CAMPUS LOCATIONS:

By Tube: Central & District Lines & British Rail to Ealing Broadway. Piccadilly & District Lines to Ealing Common.

Both Metanoia Institute campuses are located between these two stations (Gunnersbury Avenue is nearer to Ealing Common Station)

By Bus: 112, 83, 207, 427, 607, E11 all stop at Ealing Common. 65, E1, E2, E3 & E9 and other local services all stop at Ealing Broadway.

By Car: Parking meters are in operation on North Common Road (Maximum stay 5 hours charged at £6.00) Gunnersbury Avenue is on a Red Route with NO STOPPING at anytime so you will need to find parking on the surrounding roads or at the Ealing Broadway Shopping Centre.

Metanoia Institute Campuses:

13 North Common Road, Ealing, London, W5 2QB &
13 Gunnersbury Avenue, Ealing, London, W5 3XD
Telephone: +44 (0)20 8579 2505
Fax: +44 (0)20 8832 3070
Website: www.metanoia.ac.uk
Metanoia Institute is a Registered Charity 1050175