Certificate/Diploma in Person-Centred Supervision

Start Date
April 2016

Introduction/Interview Day
9th February 2016
Introduction

Metanoia Institute are delighted to offer this Certificate/ Diploma in Person-Centred Supervision again. This post-graduate course encourages participants to develop their own approach to supervision informed by Person-Centred principles. The philosophy of the training is Person-Centred, and allows participants to identify, articulate and satisfy their own individual learning needs.

The ethos of the course supports individual learning styles and the emerging needs of participants. Practitioners will have opportunities to develop as reflective practitioners, and to deepen their appreciation of Person-Centred approaches to supervision, philosophically, theoretically and in practice. The course provides opportunities for participants from a wide range of backgrounds to practise their supervisory skills and to develop their own unique style of supervising.

What is Metanoia?

Metanoia is a counselling, psychotherapy and counselling psychology training organisation. We are one of the largest training organisations in the UK.

We offer a variety of training courses in Gestalt, Integrative, Person Centred and Transactional Analysis approaches from one and two day introductory workshops through to doctoral level. We are certain we have a programme available which will meet your personal and professional development goals.

Who is the course for?

It is suitable for practitioners in different areas of psychological work, including:
- Qualified counsellors and psychotherapists;
- Counselling psychologists;
- Coaches and mediators;
- Psychiatrists;
- Social workers;
- Probation officers and others in the helping professions.

This course is open to applicants who have successfully completed a training in counselling, counselling psychology, psychotherapy, or a related profession or have an equivalent level of training and experience.

If you are interested in joining the programme, we are offering an Introductory Workshop and Interview Day on 9th February at a cost of £100. Please contact Phoebe Raymond, phoebe.raymond@metanoia.ac.uk to sign up for this opportunity.

Who are the tutors?

Lorraine Munro
MA Counselling, Diploma Psychotherapy, 1990. Post Graduate Diploma in Counselling and Pastoral Care (1986) BA Hons Literature 1978), Postgraduate Certificate in Education (1981). Lorraine is a Senior Counsellor/ Service manager with long-standing managerial experience of providing counselling services within NHS, Educational, Private and Voluntary sectors. Her key areas of expertise include service management, IAPT/ CfD Training, NHS Services, working with people with visual impairment and the provision of training/ clinical placements for counsellors.

Geraldine Thomson
BA (Hons), Diploma in Counselling Metanoia
Geraldine offers therapy and supervision from her home in Cornwall. She is also a facilitator and course consultant for Child Bereavement UK. In addition she has delivered supervision training to Diploma level in the South West. Geraldine is author of a chapter in ‘Freedom to Practice II’ (for PCCS) on person-centred supervision and the use supervisors and practitioners can make of Rogers' thinking on learning and creativity.'
When does it take place?

The course is run on a part-time basis and for the upcoming year sessions will be held on a Tuesday and Wednesday on the following dates:

- 12th/13th April
- 10th/11th May
- 7th/8th June
- 5th/6th July
- 6th/7th September

This course is structured on 2-day modular basis, spaced approximately monthly to enable participants to process and integrate their learning. Each day will commence at 10.00am and end at 5.00pm. The written work can be submitted during the course or up to 2 months after the end of the course. The thinking informing the structure and content of both the certificate and the diploma course is informed by, and meets, current BACP guidelines for certificate and diploma courses.

How much does it cost?

The Certificate in Supervision costs £2,140. If you wish to continue with the Diploma in Supervision there is a top-up fee of £1,075.

Achievement of the Diploma requires further training and practice which involves:

- Achievement of the Certificate requirements.
- Achievement of 40 hours practice of supervision – logged.
- Achievement of 15 hours Supervision of your supervision.
- Attendance at two 2 day Advanced Supervision modules.
- One 20 minute Audio Recording of a Supervision Session
- Submission of a log – to include brief notes on the 40 hours of supervision given.

To encourage and support students to complete the Diploma training, Metanoia are offering the opportunity to be listed on our Recommended Supervisors List which is provided to students on the Diploma/BA (Hons) in Person-Centred Counselling. Students will be required to offer Supervision at a reduced rate of £40 for the first 40 hours of Supervision completed.

What is the Content of the Course?

In keeping with the philosophy of the Person-Centred approach, the precise details of the content to be covered will emerge in response to the particular needs and interests of the training group. A broad outline of the areas to be covered is as follows:

- **Module 1: Definitions, Theory and Practice**
- **Module 2: Good Practice in Supervision: Competencies, Skills and Reflective Practice**
- **Module 3: Standards in Supervision: Legal and Ethical Issues**
- **Module 4: Power, Context and Culture**
- **Module 5: Different Modalities**

Participants will be given a reading list, relevant hand-outs, and materials of interest linked to the above modules. The opportunity for supervision practice sessions, self and peer assessment will form part of each module.

**Assessment Criteria**

- Attendance of at least 80% of course hours.
- Missed attendance made up as negotiated with one of the course tutors.
- Completion of 1 x 2000 word essays, titles to be negotiated with one of the course tutors.
- Ongoing self and peer assessment.

On successful completion of all of the above requirements, candidates will be awarded the Certificate in Person-Centred Supervision.
What are the Entry Requirements?

Participants in the Certificate course need to:

- Have successfully completed a training in counselling, counselling psychology, psychotherapy, or a related profession, or have an equivalent level of training and experience; Have a minimum of a year’s experience post-qualification;
- Send in a full CV with their application, outlining their training and clinical experience;
- Be a full member of a professional body;
- Provide two references on their client work, including one from their current supervisor.

How can I find out more about this Course?

For further information email Phoebe Raymond at phoebe.raymond@metanoia.ac.uk or call her on: 0208 832 3096/ 0208 579 2505

Student Testimonials

"A master class of training. Having both Geraldine and Lorraine who have offered different experiences and dimensions have been extremely helpful and fruitful." - Carolyn Turner, Supervision Trainee 2015

“I was keen to consolidate my knowledge, skills and understanding of my supervision experience to date and develop my practice, or put another way, ‘up my game’. I feel that I have definitely been able to achieve those aims through this training and more.” Lucy Machin, Supervision Trainee 2015

“As a group of practitioners, we very much had a say in the course structure which has helped me feel that it belongs to us. As we move towards the end of the course - I feel ready to begin my work as a supervisor.” Tim Poole, Supervision Trainee 2015