

Certificate in Transactional Analysis Supervision

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Registered Charity 1050175

POST-QUALIFICATION
TRAINING

Certificate/Diploma in Transactional Analysis Supervision

This course is suitable for qualified transactional analyst counsellors, Certified Transactional Analysts (CTAs) or newly registered Provisional Teaching and Supervising Transactional Analysts, (PTSTAs) who wish to gain knowledge and practical skills in supervision so that they can practice independently or in professional associations as supervisors for practitioners in the helping professions.

Aims of the training programme

The course aims to facilitate a creative learning experience in which participants can reflect upon and evaluate the theory and practice of Transactional Analysis supervision and build upon and develop their professional skills in this area.

The course is designed to support participants to:

- Explore the tasks, responsibilities and structures of TA supervision;
- Explore the personal and professional challenges of TA supervision;
- Understand the basic theoretical models of supervision and to be able to compare and contrast them;
- Explore the processes involved in developing creative, developmental and collaborative relationships with supervisees;
- Offer both individual and group supervision in a number of settings;
- Attend to clinical considerations, including working with transference and counter-transference issues;
- Explore the factors involved in adopting and working within an anti-discriminatory framework;
- Locate their work within an ethical and professional framework;
- Develop as reflective practitioners.

In addition the course also aims to help participants prepare for the Supervision part of the Training Endorsement Workshop (TEW), which is a prerequisite for taking out a PTSTA contract.

Entry Requirements

The course is open to qualified TA practitioners, at counselling, CTA or PTSTA level.

Curriculum

The curriculum has been carefully designed to fulfill the aims of the training course and to address and prove proficiency in the new supervision competencies which have been developed by Skills for Health. These competencies will become the criteria by which supervisors, who wish to be registered as supervisors by the Health Professions Council, will be assessed.



Training programme design

The course is structured on a 2-day modular basis, spaced approximately monthly to make it more easily possible for professionals who are not London based to attend the course. The modules have been based around Clarkson's (1992) supervision format. Teaching days start promptly at 9.30am and end at 5.30pm (5pm on Sundays). Three pieces of written work (4000 words in all) are required, which can be submitted during the course or up to 2 months after the end of the formal course.

Full course attendance and completion of the written work leads to the achievement of a Metanoia Certificate in Transactional Analysis Supervision.

Theoretical focus of the six basic modules

Module 1: Supervisor models process

In this module we will address "what is supervision?" as a discrete activity. We will look at the supervisory process and the elements that help and hinder a supervisory working alliance. As part of modelling the process, participants will form their personal learning contract during this module and address what they want to gain from this course.

Module: Supervisor increases developmental direction

In this module we will look at stages of development, both as a supervisor and for the supervisee. We will explore different learning styles, as a means of knowing how we learn and how to respond to others learning styles.

Module 3: Supervisor enables negotiation and achievement of supervision contract

In this module we will explore contracting as a way of developing a mutual co-created supervisory relationship. We will also look at the differing contexts in which supervision takes place, issues concerning the 3-cornered contract and supervising within a time limited frame as well as the particular challenges of working with groups.

Module 4: Identify key issues

In this module we will compare and contrast different models of supervision and go on to explore different themes, such as the unspoken in supervision, issues of sex and death, unconscious elements is supervision, transference, counter-transference and parallel process.

Module 5: Development of an equal relationship

In this module we will explore “What sort of supervisor am I?” by focusing on the development of a personal supervisory framework and philosophy and approach. We will also explore professional issues and issues of difference.

Module 6: Understanding of ethical issues (reduction of possible harm)

In this module we will continue with our exploration of ethical and professional issues and placing the work within various codes of ethics. We will also focus on the process of evaluation in supervision and will, as a part of modelling that process, take part in a self and peer assessment.

Participants are supplied with a general reading list, hand-outs on material of interest and specific reading assignments related to the topics under discussion in a particular module.

Course dates

Please contact the Academic Co-ordinator for details of the next intake.

Diploma

Achievement of the Diploma requires further training and practice which involves:

- Achievement of the Certificate requirements;
- Achievement of 40 hours practice of supervision;
- Achievement of 15 hours of supervision of your supervision from a (P)TSTA;
- Attendance at either a 2-day Mock Exam Intensive Workshop or two (1-day) Advanced Supervision Workshops from the Metanoia CPD programme;
- A satisfactory supervisors report, from the supervising supervisor;
- The satisfactory completion of an 8-10,000 word portfolio (which is inclusive of the 4000 words already submitted as part of the Certificate requirements) which can be submitted during the course or up to 12 months after the end of the Certificate course.

Participants usually gain supervisory experience in their own work contexts and engage their own supervisor for their supervisory work externally to Metanoia Institute. Supervision may be practiced and/or achieved either individually or in small groups.

Breakdown of hours over the course

Certificate course

Tutor contact hours	72 hours
Reading time	70 hours
Written work	20 hours
	Total 162 hours

Certificate in Transactional Analysis Supervision awarded by Metanoia Institute.

Diploma course

Attendance at 2-day Mock Exam Intensives Workshop/or Two 1-day Advanced Supervision Modules	14 hours
Supervised practice	40 hours
Supervised supervision	15 hours
Reading time	70 hours
Written work	25 hours
	Total 164 hours

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Assessment for the Certificate in Transactional Analysis Supervision:

- Attendance of at least 80% of course hours;
- Missed attendance made up in a manner agreed with course tutor, e.g., presentation to group, attendance at tutorial;
- Pass grading of written work;
- Written work completed within 2 months of the end of the taught course.

Assessment for the Diploma in TA Supervision:

- Achievement of the Certificate;
- Pass grading of written work;
- Satisfactory report from Supervisor of Supervision;

Course Staff

Head of Department

Heather Fowlie

MSc (TA Psychotherapy), UKCP Registered Psychotherapist, Certified Transactional Analyst (Psychotherapy), TSTA (EATA), MA (Youth and Community Studies), European Certificate of Psychotherapy, Dip Youth and Community Work.

Programme Leader

Jill Hunt

Dip/MSc TA Counselling, Psychotherapy, Provisional Teaching and Supervising Transactional Analyst. UKCP registered psychotherapist, BACP registered supervisor.

Administration Staff

Academic Co-ordinator for the programme

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